**REVIEW FOR EXAM 3 (PSY 237 Online)**

***Early Adulthood:***

1. Summarize the developmental tasks of early adulthood.
2. Describe physical development and health in early adulthood.
3. Summarize risky behaviors and causes of death in early adulthood.
4. Describe sexuality and fertility issues related to early adulthood.
5. Distinguish between formal and postformal thought.
6. Describe cognitive development and dialectical thought during early adulthood.
7. Describe educational trends in early adulthood.
8. Explain the relationship between education and work in early adulthood.
9. Describe Erikson’s stage of intimacy vs. isolation.
10. Summarize Levinson’s theory of early adulthood transitions.
11. Explain Arnett’s concept of emerging adulthood.
12. Describe some of the factors related to attraction in relationships.
13. Apply Sternberg’s theory of love to relationships.
14. Summarize attachment theory in adulthood.
15. Describe trends and norms in dating, cohabitation, and marriage in the United States.
16. Describe challenges, transitions, and factors associated with parenthood.

***Middle Adulthood:***

1. Detail the most important physiological changes occurring in men and women during middle adulthood.
2. Describe how physiological changes during middle adulthood can impact life experience, health, and sexuality.
3. Outline cognitive gains/deficits typically associated with middle adulthood.
4. Explain changes in fluid and crystallized intelligence during adulthood.
5. Describe Erikson’s stage of generativity vs. stagnation.
6. Evaluate Levinson’s notion of the midlife crisis.
7. Examine key theories on aging, including socio-emotional selectivity theory (SSC) and selection, optimization, and compensation (SOC).
8. Describe personality and work-related issues in midlife.
9. Describe the link between intimacy and subjective well-being.
10. Discuss issues related to family life in middle adulthood.
11. Discuss divorce and recoupling during middle adulthood.

***Late Adulthood:***

1. Describe age categories of late adulthood.
2. Explain trends in life expectancies, including factors that contribute to longer life.
3. Describe primary aging, including vision and hearing loss.
4. Explain secondary aging concerns that are common in late adulthood, including illnesses and diseases.
5. Describe and compare theories of aging.
6. Discuss the impact of aging on memory.
7. Explain how age impacts cognitive functioning.
8. Describe abnormal memory loss due to Alzheimer’s disease, delirium, and dementia.
9. Describe theories related to late adulthood, including Erikson’s psychosocial stage of integrity vs. despair.
10. Describe examples of productivity in late adulthood.
11. Describe attitudes about aging.
12. Examine family relationships during late adulthood (grandparenting, marriage, divorce, widowhood, traditional and non-traditional roles; co-habitation, LGBTQ+).

***Death and Dying:***

1. Examine the leading causes of death in the United States and worldwide.
2. Explain physiological death.
3. Describe social and psychological death.
4. Explain common perceptions and attitudes toward death.
5. Explain bereavement and types of grief.
6. Explain Kübler-Ross’ stages of loss.
7. List and describe the stages of grief based on various models.
8. Explain the philosophy and practice of palliative care.
9. Describe hospice care.
10. Summarize Dame Cicely Saunders’ writings about total pain of the dying.
11. Differentiate attitudes toward hospice care based on race and ethnicity.
12. Describe and contrast types of euthanasia and physician-assisted suicide.

***\*Please remember that this is a study guide. Not all testable material will be included on this review.***